



Botulinum Toxin Aftercare



no alcohol
for 24 hours



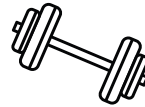
no rubbing or
massaging



stay upright for
4 hours



no nsaids



no exercise for
24 hours

- Full results are not seen until 2 weeks after injections. You will start to notice a change in 3-5 days and you will gradually lose more muscle strength post-injections. Please wait the full 14 days post-injections to assess your final results
- Botox® injections are temporary and last 3-4 months in most people. You must have follow up appointments every 3-4 months to keep the effects.
- Please follow proper aftercare to ensure treatment is effective and you do not have any adverse side effects.