



## *Sublative Treatment* **AFTERCARE**

Thank you for choosing us!

Apply sunscreen with SPF 30 or higher to the treated area whenever exposed to sunlight.

Avoid direct sun exposure for at least 2 weeks following treatment.

Do not use harsh exfoliating products or scrubs on the treated skin until directed by your provider.

Avoid picking or scratching the treated area, as this can lead to scarring.

Use a gentle moisturizer or moisturizer from Art of L'Ines MD to keep the treated skin hydrated.

Contact Dr. Naz immediately if you experience severe pain, increased swelling, or signs of infection (redness, pus, fever).

You may apply cool compresses to reduce redness or swelling.