



Wart Treatment

AFTERCARE

Thank you for choosing us!

Initial Reaction:

You may notice some redness, swelling, or slight discomfort in the treated area immediately after the treatment. This is a normal response and should subside within a few hours to a few days.

Cool Compresses:

Apply a cold compress to the treated area to reduce swelling or discomfort. Do this for 10-15 minutes at a time, several times a day, for the first 24-48 hours after treatment.

Avoid Sun Exposure:

Avoid direct sun exposure to the treated area for at least 2 weeks post-treatment. Use a broad-spectrum sunscreen (SPF 30 or higher) to protect the treated area whenever you are outdoors.

Avoid Scratching or Picking:

Do not scratch, pick, or rub the treated area, even if it feels itchy or scabs begin to form. This can cause scarring or infection.

Moisturize the Treated Area:

Apply a gentle moisturizer to the treated area to keep the skin hydrated. Choose a fragrance-free, non-comedogenic moisturizer.

Avoid Hot Water and Harsh Chemicals:

Refrain from hot showers, saunas, or swimming in chlorinated pools for 5-7 days after the treatment to avoid irritating the treated skin. Avoid using harsh skincare products (such as exfoliants, retinoids, or acids) on the treated area for at least 7 days.

Monitor for Infection:

Watch for signs of infection, such as increased redness, swelling, or pus. If you notice any signs of infection, contact your practitioner immediately.

Scabbing and Healing:

It is normal for the wart to darken, form a scab, or flake off in the days or weeks following the treatment. Do not pick at the scab, as this can lead to scarring.

Pain Management:

If you experience discomfort after the treatment, you can take over-the-counter pain relievers such as ibuprofen or acetaminophen. Follow the recommended dosage instructions.

Avoid Intense Physical Activity:

Avoid strenuous activities or exercises that may cause excessive sweating or irritation to the treated area for 48 hours post-treatment.